

**Many of us seem to lack simplicity in our lives. Our energy is often drained by the sheer multiplicity of our day to day routine. Is the answer to multiplicity; return to simplicity?**

**More is not always better and we are prone to complicate our lives, our relationships and often our jobs by adding more and more. Many of us at Fraser have commented on how the recent recommendations for social distancing have given us a new perspective and more family time to enjoy the simple things.**

***A positive among so much negativity!***

**Terms which may help define things more clearly: (source; [www.ndhealth.gov](http://www.ndhealth.gov))**

*Social Distancing* – closing buildings, cancelling events or restricting access to certain buildings. It is important to follow the advice of health officials and STAY HOME if an event is canceled.

*Community Containment* – Closure of office buildings, stores, schools and public transportation.

*Isolation* – Separating sick people from well people.

*Quarantine* – Separating people who have been exposed to sick people or people “presumed” exposed from people who are not sick.

**Visit the Fraser website [www.fraserltd.org](http://www.fraserltd.org) or our Facebook page for updates. Families can also visit Bright Wheel for updates.**

**Efforts to be proactive in slowing the process for potential exposure to the virus:**

- Please remember to follow the simple things we can all do:  
(Hand washing, cleaning of surfaces, social distancing, monitor your personal and your family’s health, stay home if you are ill, help with contact tracing and inform your supervisor if you are exposed)
- We are utilizing community containment of our residential sites in an effort to slow down the potential for spreading the virus.
- If you haven’t already – forget petty-mindedness, judgmental thoughts and critical thoughts of others. This is an extremely difficult time for **EVERYONE!** And everyone must determine the actions right for them. This is a community effort; *the Fraser Way!* 😊

**What to expect from Fraser Ltd.,**

- We will be providing more detail on our residential scheduling for employees on Tuesday 3/24/20.
- We remind everyone to listen, learn and support each other. Patience is important too!

- There is a small group of committed employees working in youth and adult residential services making *a huge impact on the lives of people we support!*
- *Please respect our containment efforts and only visit the homes when absolutely necessary.*
- **[Our child care center remains open](#)** to all families, not just those in essential jobs as defined by the
- Federal government. We will continue to take temps and ask families to self-report on their travel and community distancing. You will be asked to sign a self-reporting health form which asks these questions.
- We ask people to applaud our child care employees who comprise one of the most important industries in our nation. **[Our child care employees](#)** are often overlooked for their tireless dedication and commitment to our most treasured assets in the world – our children.
- We also applaud our staff who are making every effort to see that business as usual continues to occur so when we emerge from this crisis we will be prepared to move forward on solid ground! THANK YOU!
- ***The administrative offices at 2902*** are closed with the exception of a skeleton crew consisting of *food services, IT, child care and administrative representation*. The reception area will be open Monday, Wednesday and Friday from 9:30 to 11:30 until further notice. We **appreciate** the countless donations we are receiving from the community and ask you to please utilize these hours for any future donations. We can't thank you enough! Our receptionist will continue to monitor calls from 8 am to 5 pm, Monday through Friday. Work from home (WFH) guidelines should be followed each day.
- The therapists in ***Valley Hope*** will continue using Telehealth to meet the needs of the people they support. Please call for appointments as usual and you will be assisted.
- ***Employees*** who have traveled outside the area, who have gathered in large groups or employees who have come in contact with those presumed to have been exposed are asked to self-quarantine for 14 days and notify their supervisor and the HR department.
- The ***Stepping Stones Resource Center*** remains open to the communities at risk youth.
- Our ***Human Resource*** department will continue to monitor applications and conduct initial interviews as appropriate by phone. New applications received via the website will be forwarded by the receptionist to HR, HR generalist, adult services interim director and the CEO for processing until further notice.
- ***Fraser TECH*** services REIGN! In short order they have analyzed, purchased, arranged for service and installed necessary protocols for employees to work from home. Please extend patience as they complete necessary installation of ZOOM and net extender licenses.

**THANK YOU ALL for the support this past week to Fraser Ltd.**

Governor Burgum referenced the potential of "crunch" time in the weeks to come. Through these efforts and your support we are prepared to meet this head on!