

SPRING 2025

THE JOURNEY



BUILDING STRONGER COMMUNITIES

*One connection, one act of generosity,
one human story at a time.*



FRASER LTD'S MISSION

Supporting children, youth and adults on
their life's journey toward independence.

— CHILDREN'S SERVICES —

— TRANSITIONAL YOUTH SERVICES —

— ADULT SERVICES —

— VALLEY HOPE
COUNSELING SERVICES —

— REPRESENTATIVE PAYEE SERVICES —

BOARD OF DIRECTORS

Brenda Kaspari
Chairman

Michael Kirk
Vice Chairman

David Laske
Treasurer & Secretary

Sheila Carney

Ronald McLean

Danny Tungseth

Joseph Paul

Sandra Leyland
President & CEO

DIRECTOR'S CORNER

with Sandra Leyland

Happy Spring!



As we approach the end of another fiscal year, it's hard not to reflect on everything we've weathered—from a global pandemic we'd all rather forget to a political climate no one can stop talking about. The outcomes of the current North Dakota legislative session remain uncertain, but amidst it all, Fraser Ltd.—a 130-year-old nonprofit—continues to feel the ripple effects.

Like all nonprofits, we are purpose-driven. Our mission unites us, and our passion fuels us. It's what propels us forward to support more than 2,200 children, youth, and adults as they work toward independence.

There are two essential ingredients for any nonprofit engaged in human services to succeed—both equally important.

The first is a team of educated, well-trained professionals who are truly dedicated to serving others. These individuals are often driven by a deep sense of social justice and a desire to advocate for those in difficult circumstances. Many view their work as a calling—akin to a religious vocation. For some, nonprofit work is the first step on a career path dedicated to creating lasting social change. What matters most is that they show up authentically and for the right reasons. This work is not for the faint of heart. It's demanding, emotionally intense, and often requires a gut-check on your own values. But under the right conditions, it can also be deeply rewarding—euphoric, even—when you witness the breakthrough of someone who has been struggling.

Here in the Midwest, we often say, "They're good people." That phrase perfectly describes not just our incredible staff, but also the community of supporters who stand behind them. The second key to nonprofit success is you—the donors, volunteers, and advocates who give generously of your time, talents, and resources. The truth is, a nonprofit is nothing without its supporters.

When you give to a 501(c)(3), you're not just making a donation—you're investing in a cause that likely aligns with your personal values and helps fulfill a deeper sense of purpose. And that's a win for all of us.

With heartfelt appreciation, we thank the interns and volunteers for their countless hours, those who've contributed in-kind materials to help reduce costs, and all who have provided much-needed financial support—now more vital than ever.

Sandra Leyland
CEO & President, Fraser, Ltd

THE POWER AND PURPOSE OF NONPROFITS



Imagine living in a world where no one steps in—where the hungry go unfed, the lonely go unheard, and those struggling to stay afloat are left to sink. It's not a world most of us want to imagine, but for too many, it's a daily reality.

This is where nonprofits come in—not as a luxury, but as a lifeline.

At Fraser, Ltd., and in countless other organizations like it, the mission is simple: show up. Show up for children, youth, and adults whose journeys are marked by obstacles. Show up when systems fall short. Show up because people matter.

A Network of Care

Nonprofits are often called the “safety net,” but in truth, they're more like a web—interconnected and built on relationships. Every program, support group, and service is tied to real people with real needs.

Behind each one is a team of staff and volunteers who don't just show up—they pour their hearts in. From the direct care professional teaching life skills to the case manager helping a youth avoid homelessness, these are more than jobs. They're callings.

The hours are long. The stories are heavy. The need is endless. But ask someone why they do it, and they'll tell you about the child who finally spoke, or the adult who found stability after years of uncertainty.

Those are the wins. And they're hard-earned.

More Than a Mission—A Movement

Nonprofits aren't small players—they're change agents. They identify gaps in systems, create innovative programs, and advocate for policies that move communities forward.

They don't just respond to crisis—they prepare for it. They don't just serve individuals—they strengthen neighborhoods.

While they may not be profit-driven, they're fueled by purpose. Whether it's housing, mental health, disability services, or youth empowerment, that purpose runs deep.

At Fraser, our goal is to walk with people on their journey to independence. Across the state and nation, nonprofits meet needs that cut across health, education, justice, and recovery. Each one stands for something bigger.

Local Roots, Lasting Reach

Nonprofits are woven into their communities. They understand the challenges because they live them too. They listen, they show up, and they become trusted allies—sometimes the only consistent support someone has.

That proximity matters. It allows nonprofits to act quickly and adjust to emerging needs—whether it's a housing shortage or a flood of new families needing help.

And when public or private systems stall, nonprofits bridge the gap.

They're not extras. They're essential.

The Fuel Behind the Work

Of course, none of this happens without people. Not just staff—but donors, board members, advocates, and volunteers.

There's something powerful about someone choosing to give. Whether it's five dollars or five thousand, the message is the same: I believe in this work.

At Fraser, we see this generosity daily—in foundations that support our programs, businesses that champion youth, and individuals who give their time, clothing, or meals.

This support isn't just appreciated—it's what keeps us going. Every success story is shared.

The Ripple Effect

What happens when a young adult gets the mental health support to stay in school?

When a single mom receives job training that leads to stable housing?

When a person with disabilities finds a place where they're seen and celebrated?

Everything changes.

The ripple effect of nonprofit work can't always be measured, but it's felt. Families are strengthened. Poverty is interrupted. Isolation gives way to connection.

At its heart, nonprofit work is about restoring dignity. Offering not just help—but hope.

A Call to Keep Going

This work isn't easy. It's not fast or flashy. But it's necessary.

And it's not something nonprofits can do alone. The strength of any nonprofit lies in its people—not just those inside the organization, but those who choose to stand beside it.

Whether you've donated, volunteered, or simply shared a story—you're part of something larger. You're helping say: no one should be left behind.

This work continues because people continue to care. And in a world where compassion sometimes feels in short supply, that's something worth celebrating.

We invite you to keep showing up.

Give. Volunteer. Share. Learn.

Together, we're building stronger communities—one act of generosity, one connection, one human story at a time.



2902 University Drive South
Fargo, ND 58103

HONORING 18 YEARS OF Dedication



VAL GABLE

Fraser, Ltd. extends our deepest gratitude to Val, who recently retired after 18 years of dedicated service. As the steward of payroll and employee benefits, Val supported the heartbeat of our organization - our staff - with reliability, care, and precision.

Her behind-the-scenes work ensured our team could focus on what we do best: serving the community. We are sincerely thankful for Val's contributions and wish her all the best in her well-deserved retirement.

Thank you, Val, for everything.

Sponsor a Tree, Spread Holiday Joy!

Join Fraser, Ltd. for the 25th Annual Festival of Trees!

Celebrating
— 25 YEARS —



Support children, youth, and adults on their life's journey towards independence - sponsor a decorated tree for a family in need.

Sponsorships sell out fast - reserve yours today!

Deadline: September 30, 2025

☎ (701) 232-3301 ✉ kbergren@fraserltd.org

Help Meet the Needs of the Individuals We Serve

From clothing essentials to hygiene items, your kindness fills the gaps.

Each donated item is more than a necessity - it's a reminder that someone cares.

Current Needs List



Scan to shop or view our most-needed items today!